

# Anti Bullying Procedures

St Joseph's Primary School



#### **Vision & Mission**

#### Vision

St Joseph's is a community of faith underpinned by Gospel Values which promote Learning for Life, Learning from Life, Learning as Life.

#### **Mission**

To achieve this vision the St Joseph's Primary School Community commits itself to:

- Create a Christian community which develops the knowledge, understanding and practice of our Catholic faith tradition.
- Provide a happy and safe environment where all members treat each other with respect, tolerance and dignity.
- Empower students in developing their potential as life-long learners with inquiring minds and a desire for knowledge.
- Promote an appreciation of God's creation and our role within the wider community.
- - Value and support the role of parents as primary educators of their children and encourage their involvement in the life of the school.

#### **Religious Dimension**

St Joseph's Catholic Primary School is a centre of the 'New Evangelisation called to proclaim and give witness to Jesus Christ. We recognise that every child is unique, made in the image of God and entitled to respect and dignity and to feel valued and supported to the fullness of life.

All subjects are taught under an overarching Christian vision of life. Our Catholicity permeates teaching and learning across all key learning areas without diminishing the integrity of each subject. Inspired by this vision students are;

- Encouraged to develop critical thinking to evaluate the world's structures in light of the gospel.
- Supported to live and work creatively in a Christian community of life-long learners.
- Guided to become more knowledgeable about their role as Stewards of Creation.
- Provided with diverse opportunities to develop intellectually, spiritually, emotionally and physically through an evolving commitment to the teachings and mission of Jesus in promoting 'life in abundance for all.

### **Anti-Bullying Policy**

St Joseph's follows and adheres to the CEDWW Anti-Bullying Policy.

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and

involves the misuse of power by an individual or group towards one or more persons.

Bullying can involve humiliation, domination, intimidation, victimisation and all forms of

harassment including that based on sex, race, disability, sexual orientation or practice of

religion. Bullying of any form, or for any reason, can have long-term effects on those

involved, including bystanders.

Bullying can happen anywhere: at school, travelling to and from school, in sporting teams,

between neighbours, or in the workplace.

#### Bullying behaviour can be:

- verbal, e.g. repeated name calling, teasing, abuse, putdowns, sarcasm, insults, threats
- physical, e.g. repeated hitting, punching, kicking, scratching, tripping, spitting
- social, e.g. repeated ignoring, excluding, ostracising, alienating, making inappropriate gestures
- psychological, e.g. repeated spreading rumours, dirty looks, hiding or damaging
  - possessions, malicious SMS and email messages, inappropriate use of camera phones.

Conflict or fights between equals and single incidents are not defined as bullying. Bullying

#### behaviour is not:

- children not getting along well
- a situation of mutual conflict
- single episodes of nastiness or random acts of aggression or intimidation.

#### **Cyber-bullying**

Cyber-bullying involves the use of any information communication technology by

individual or group to carry out deliberate, isolated or repeatedly hostile behaviour that is

intended to harm others or is undertaken recklessly without concern for its impact on others.

#### References:

- Reach Out: <a href="http://au.reachout.com/bullving#what">http://au.reachout.com/bullving#what</a>
- National Centre Against Bullying: <a href="http://www.ncab.org.au/parents/whatis/">http://www.ncab.org.au/parents/whatis/</a>

#### **Procedures**

At St Joseph's, we believe that we should assist students, staff and the wider community to deal with bullying by giving students the opportunity to develop positive relationships. We strive to do this through our daily interactions with students, Religious Education Program and Personal Development and Health Programs. Specific understandings, skills and strategies are taught by classroom teachers to help prevent bullying and to deal with situations as they occur.

#### **Implementation**

#### **Strategies:**

Teaching and Learning programs:

 All teaching and learning programs incorporate opportunities for students to develop skills in collaborative learning, communication, assertiveness and problem solving. These skills will help to develop and build our children's self-esteem and empower them to take responsibility for themselves.

#### **Communication:**

• A safe and supportive environment is created when all members of our school community promote open communication about bullying, what it is, how it affects individuals and what can be done to counter it.

## Working together with School, Staff, Students, Parents & Wellbeing Practitioner

- Students requiring support are encouraged to engage with the school wellbeing practitioner.
- The school wellbeing practitioner works with the students on Programs such as Girl Power and Boys Club which address bullying.
- Teachers, students, parents, caregivers and members of the wider school community have a responsibility to work together to address bullying.
- Regular modelling of Restorative Practices.
- Students will be referred to counselling services with the Wellbeing Practitioner for fortnightly visits if needed. Please see the procedure above for recommending students to the Wellbeing Practitioner.

#### **Responsibilities of Our School**

- 1. To explicitly educate students about bullying and its consequences through teacher implemented classroom instruction.
- 2. To provide opportunities for parents and staff to learn about bullying and strategies for supporting students who engage in or are affected by bullying behaviours.
- 3. To actively monitor students' behaviour and use positive behaviour management strategies.
- 4. To keep records and monitor bullying incidents through COMPASS Chronicles.
- 5. To notify parents if their child is involved in any bullying incident.
- 6. To protect and support targets of bullying to reduce the likelihood of them being bullied again.
- 7. To work with parents of the target to give their child strategies to avoid being bullied.
- 8. To work with the parents of the child who <u>engages</u> in bullying behaviour to jointly establish strategies to assist the child in making appropriate behavioural choices.
- 9. To work with the parents of the child who <u>is a bystander</u> in bullying situations to jointly establish strategies to assist the child in making appropriate behavioural choices.
- 10. Remove any child who engages in bullying behaviours from the playground and/or school for a required period of time should there be no change in his/her behaviour.
- 11. To use common language across the school.
- 12. To display visual cues and symbols to reinforce a common language and positive behaviours.
- 13. To refer students to counselling services with the Wellbeing Practitioner for fortnightly visits if needed. Please see the procedure above for recommending students to the Wellbeing Practitioner.

#### **Responsibilities of Staff**

- 1. To model appropriate behaviour at all times.
- 2. To address all reported and observed situations as set out in this policy.
- 3. To ensure all students are supervised at all times.
- 4. To follow the guidelines of the Student Wellbeing Policy and distribute this policy to the school community.
- 5. To educate/teach children strategies to manage bullying behaviours.
- 6. To communicate with and report back to parents and carers who have made a bullying report, on the progress and management of the complaint within 48 hours.
- 7. To maintain records of bullying complaints and follow up courses of action through the COMPASS Chronicles.
- 8. To advise parents if their child is engaged in a situation where bullying behaviour has occurred.
- 9. To notify specific class teachers of students who have been engaged in a situation where bullying behaviour has occurred.
- 10. To discuss, and consistently reinforce, the school's Student Wellbeing policy with students.
- 11. To conduct follow-up meetings with students who have been engaged in a situation where bullying behaviour has occurred.
- 12. To utilise teachable moments for the bully, target and bystanders.
- 13. To provide a variety of means for students to report a bullying incident eg: incident/communication box, verbal report, request a meeting.

#### **Responsibilities of Students**

- 1. Not to bully others.
- 2. To report if they are being bullied either at school or on the way to or from school.
- 3. To report any knowledge of another student being bullied either at school or on the way to or from school.
- 4. To report known incidents of cyberbullying.

#### **Responsibilities of Parents**

- 1. To monitor signs indicating that their child may be being bullied or is engaging in bullying behaviour.
- 2. To speak to the class teacher if their child is being bullied or suspects that this is happening.
- 3. To instruct their child to report to their class teacher or member of staff, if they feel they are being bullied.
- 4. To advise the school if their child is engaged in bullying behaviour.
- 5. To advise the school if they become aware of a situation where a bullying situation has occurred.
- 6. To refrain from contacting other families about any incident involving their child. All matters are to be investigated and dealt with by the school.

#### **Social Discipline Window**

The social discipline window describes four basic approaches to maintaining social norms and behavioural boundaries. The four are represented as different combinations of high or low control and high or low support. The restorative domain combines both high control and high support and is characterised by doing things with people, rather than to them or for them.

HIGH	то	WITH	
scipline)	punitive	restorative	
ting, di	authoritarian	authoritative	
nit-set	NOT	FOR	
control (limit-setting, discipline)-	neglectful	permissive	
S 	irresponsible	paternalistic	
LOW —support (encouragement, nurture)→HIGH			

Written: June 2023 For Review: June 2024